

### Current Moves May/June 2010

Current Moves, the DTAA's email bulletin, has the purpose of keeping the dance movement therapy community up-to-date with information in-between publications of the Association's journal, 'Moving On'. Please forward any communications, news of events, or changes to events, to [dtaa@alphalink.com.au](mailto:dtaa@alphalink.com.au) for distribution.

#### June 19 - 11.30am to 6.0pm

##### DTAA Continuing Education/Supervision Day

##### 'Ways of seeing' led by Fran Ostrobrski

This model of supervision is about refining attunement and listening to the space between. It is not about self or other but about 'Ways of seeing' from a beyond the personal perspective, that provides the ability to move into any group. It is about the etheric field.

##### 'Relational creative processes supervision' led by Jane Guthrie

Focuses more on self and other and encourages positional shifts, to allow for problems or issues to be seen from different perspectives. It involves relational shaping.

The hours on this day can be counted as supervision, or alternatively professional development if supervision hours are not needed.

Venue: Rear Linden Centre for Contemporary Arts, Acland Street, St Kilda

Cost: \$75

Contact Mandy Agnew; Email: [rmagnew@bigpond.com](mailto:rmagnew@bigpond.com) Tel: 90177850; Mobile 0437348808, or [jguthrie@alphalink.com.au](mailto:jguthrie@alphalink.com.au)

#### May 30, June 27, July 11, August 8, September 12, October 24, 2010

##### DTAA Peer Mentoring Program – 2010 - Melbourne

Sundays 10am – 1pm

Except Oct. 24, 10- 4pm

**May 30th: Special guest Jenny Czulak Riley** – who will share her wealth of experience in working with the elderly community Dancehouse (upstairs studio), 150 Princes Street, Carlton 3054

For members of the dmt community who would find it personally and professionally beneficial to join a program that aims to promote working together and getting to know each other as peers through a focus on creative movement explorations. The explorations are directed towards allowing for individual or collective themes and discussions that grow from thematic dialogues.

##### For enquiries and more information about this program for 2010

Contact Jennifer Ford, Grad. Dip. DMT (RMIT), Ph: 9772 9352 m: 0410 922 228

email: [jenniferford@live.com](mailto:jenniferford@live.com)

Tiana Li Donni: Somatic movement therapist, ISMETA. ph: 9574 9016 m: 0421 045 438

email: [tianamoves@hotmail.com](mailto:tianamoves@hotmail.com)

#### An invitation to update your website details

Following requests from potential clients wanting dmt programs, potential employers wanting employees, or students and volunteers wanting placements, the DTAA would like to further develop its associate members listing on the website. Mostly the enquirers are referred to the Professional and Associate Member's listing on website

<http://www.dtaa.org.au/supervisors.htm> and <http://www.dtaa.org.au/associate.htm>.

So it is important to have these lists up-to-date. We note that the Associates' listing does not include all the people that it should, so we are inviting members who could be Associates, to apply. See criteria for becoming an Associate Member on the website.

**Complete application form and send to Anna Ganz at [apganz@hotmail.com](mailto:apganz@hotmail.com)**

If already a Professional or Associate Member listed, then to assist the DTAA responding to enquiries, or you in gaining referrals, we would also like information on your current programs to add to your web information.

Help us to help people to find you, and dmt to grow in Australia!

**Send changes to: [dtaa@alphalink.com.au](mailto:dtaa@alphalink.com.au) or urgent changes to [info@dtaa.org.au](mailto:info@dtaa.org.au)**

\*Apologies for the errors in email addresses in the last emailed Current Moves

#### Volunteers needed

We need writers to assist with our popular and internationally highly regarded informal Journal – 'Moving On'. Also, people interested in joining the DTAA committee in its work towards promoting dmt in Australia.

Email: [dtaa@alphalink.com.au](mailto:dtaa@alphalink.com.au)

### DTAA Memberships

New and renewing members always welcome. Your membership is valued and essential to support the growth and development of dance movement therapy in Australia.

Annual Membership: \$55.00 Concession \$44.00

Application forms available from: [www.dtaa.org](http://www.dtaa.org) or call Jenny Ford: Tel: 03 97729352; Mobile 0410922228 email: [jenniferford@live.com.au](mailto:jenniferford@live.com.au)

### News and Special Events

#### Caroline Plummer Fellowship in Community Dance

The University of Otago invites applications for the year 2011 for the above Fellowship. The Fellowship is open to any New Zealand or international community dance practitioner, teacher or researcher.

[www.carolineplummer.org.nz](http://www.carolineplummer.org.nz)

[www.otago.ac.nz/alumni/advancement/carolineplummer.html](http://www.otago.ac.nz/alumni/advancement/carolineplummer.html)

[www.otago.ac.nz/otagofellows](http://www.otago.ac.nz/otagofellows)

#### Creswick Foundation Fellowships in Child and Adolescent Development

Fellowships for Overseas Study

Closes 30 July 2010

[jkimpton@bigpond.net.au](mailto:jkimpton@bigpond.net.au)

28-30 June 2010

#### Symposium in New Zealand

"Dancing across the disciplines, cross-currents of dance research and performance", a three-day international symposium,

See: <http://www.southislanddancenet.org.nz/news/18-latest-new/535-dancing-across-the-disciplines-dance-symposium-2010->

### Victoria

#### International Dance Therapy Institute of Australia

##### Certificate in Dance Therapy, commencing February 2011

The Certificate in Dance Therapy is a one-year, part-time, highly experiential training, which is supported by theoretical teaching and practicum. The teaching faculty are IDTIA graduates trained by American Dance Therapist and educator Dr. Marcia Leventhal, PhD, CMA, ADTR. All are experienced professional dance therapists and teachers. Attendance at an introductory workshop is a prerequisite for entry to the Certificate.

Provision for interstate trainees – see under August.

For more information about IDTIA courses contact: Michele Braban, Administrator, (03) 9578 7109 e-mail:

[admin@idtia.org.au](mailto:admin@idtia.org.au)

Website: [www.idtia.org.au](http://www.idtia.org.au)

#### A Great Opportunity for Experience

##### At Glenallen 7 Allen St. Glen Waverley VIC 3150

On Mondays from 1.45 - 3.15pm

Tiana Li-Donni is running a weekly transitional subject called "Creative Dances" at Glenallen School with severely physically limited teenagers. It is for students leaving school at the end of the year and entering the next phase of their lives in day centres. Tiana is inviting assistance with this program that provides the students with the opportunity to develop their self-expression. A 'Working with Children' card is essential.

Contact Tiana. Email: [tianamvoes@hotmail.com](mailto:tianamvoes@hotmail.com) ph:9574 9016

#### Special Needs Teens - Creative Moves

For those of you interested, Tiana Li-Donni will be facilitating a series of 10 workshops for youths, 14-16yrs. She would welcome anyone interested in assisting in sessions with "these amazing boys" for the experience, and perhaps an opportunity to try out some personal skills in sessions and performances. It is a 2010 Monash Arts Grant funded project.

Powerhouse Neighbourhood House. 54 Power Ave, Ashwood VIC 3147.

Sessions Mondays - 6.30-8pm

May, 31, June 7, 21, July 12, 26, Aug 9, 23 and Sept 6.

Rehearsals: October 11 and 26, and Performances: Nov. 8, and 15. A 20hr Project in 2010

Contact Tiana: Email: [tianamoves@hotmail.com](mailto:tianamoves@hotmail.com) mobile: 0421 045 438

#### Soul Dance

3rd Sunday each month

At Olinda Primary School, Charlemont Lane, Olinda.

10am - 12.30. Cost: \$22 or \$17 concession.

Self-expressive, inspiring and centring dance - great location, music and people.

Tony Norquay, 03 5678 5525 or 0418 134 709 or [norquaytd@ihug.com.au](mailto:norquaytd@ihug.com.au)

#### Bodyvoice weekend workshop

are a starting point for those interested in Middendorf breathwork. Led by Middendorf practitioner,

John Howard. See under Saturdays. Also:

May Friday 28, Saturday 29, Sunday 30 May 10am to 4pm

Nuances and extremes of the human voice: a weekend bodyvoice workshop:

will explore nuances and extremes of the human voice linked to movement, breath, and imagery. The workshop will draw the 'extended voice' tradition that began with Alfred Wolfsohn and has been developed by members of the Roy Hart Theatre.

Contact: Body Voice Centre, 50 Wolverhampton St, Footscray.

Bookings & further details: email [info@bodyvoice.com.au](mailto:info@bodyvoice.com.au)

**June 7- 9, 2010**

**Diversity in Health 2010 Conference at Melbourne Exhibition Centre**

Will feature three major themes:

Cultural integrity in service delivery; Right to health; Modern multiculturalism

The conference will also feature other themes, representing key issues in diversity and health:

Aged care; Cultural rights; Culture, health and sexuality; Language services; Mental health; Problem gambling and Refugee health and wellbeing

See: [www.ceh.org.au/dih/](http://www.ceh.org.au/dih/)

**June 12, 13, 14 2010, 10am – 4pm**

**A full-bodied life: Organ vitality**

Body-Mind Centering Workshop with Alice Cummins Embodying our organs deepens our capacity to process our emotional experiences and provides inner support for our movement, breath and voice.

Cecil St Studio, Fitzroy

Earlybird Rates (21st May) \$350 Professional Fee

See: [www.alicecummins.com](http://www.alicecummins.com) or contact: [info@footfall.com.au](mailto:info@footfall.com.au)

**14th August or 9th October 2010, 10am - 4pm**

**International Dance Therapy Institute of Australia**

**Introduction to Dance Therapy Workshop**

Saturday, Prana House, Thornbury, VIC, Cost: \$105 Full \$85 Concession

An experiential day workshop to introduce dance therapy and its potential for discovery, change and healing, together with some discussion and theoretical underpinning for its use in therapeutic contexts. Presented by Anna Schlusser, IDTIA Dip. graduate with extensive experience in a variety of settings.

Contact: Michele Braban, Administrator, (03) 9578 7109 e-mail: [admin@idtia.org.au](mailto:admin@idtia.org.au)

Website: [www.idtia.org.au](http://www.idtia.org.au)

**16 - 19 November**

**2nd International 'Art Of Good Health And Wellbeing' Arts And Health Conference**, The Sidney Myer Asia Centre, University of Melbourne, Call for papers closes 30 JUNE 2010 [www.artsandhealth.org](http://www.artsandhealth.org)

**Lieto Creative Dance Studio: Elizabeth Loughlin**

Classes and short courses at Lieto Studio, North Fitzroy, VIC 3068.

Ring Elizabeth, creative dance teacher and dance therapist, on 94829312, or email [loughlin@clari.net.au](mailto:loughlin@clari.net.au) for information.

[www.lietocreativedance.com.au](http://www.lietocreativedance.com.au)

**Creative Arts Therapy 6 Week Groups**

These groups provide an opportunity for both personal and professional development, personal reflection and self care. They are small and intimate, and use a variety of creative processes in order to open up and deepen creativity, personal growth and self awareness.

Modalities such as drawing, painting, movement, body awareness, writing, clay, symbols and more to explore authentic expression, are used to access insights and understanding. Suitable for anyone seeking time out to connect, stimulate inspiration, and nurture yourself.

Usually offered 4 times per year, in time with the school terms.

MIECAT, 17 Victoria St, Fitzroy, \$250 including all materials

For Bookings and Enquiries contact Jennifer on 0417 562 024, or [jenniferberlingieri@gmail.com](mailto:jenniferberlingieri@gmail.com) or via the website [creativeartstherapy.com.au](http://creativeartstherapy.com.au)

**Space for Hire in Elsternwick – Melbourne**

Contact: Sam Seamer - Wellbeing & Development Co-ordinator

Hive (a Division of Community First Victoria P/L) - 474 Glenhuntly Rd, Elsternwick

Tel: 03 9523 9105 - Mb: 0421 715 601. e-mail: [sam@communityfirst.net.au](mailto:sam@communityfirst.net.au) [www.hive.org.au](http://www.hive.org.au)

**New South Wales**

**Wesley Institute**

**Graduate Diploma in Dance Movement Therapy**

The Wesley Institute Graduate Diploma of Dance Movement Therapy (DMT) offers an accredited tertiary qualification designed to provide professional DMT therapy training delivered by highly qualified people in the fields of counselling, DMT, and dance. The course encompasses various theoretical models and approaches, evidence-based interventions including counselling and assessment skills, DMT skills and techniques, ethical and legal processes, and supervised practical experience with different client populations. The program qualifies for fee help, is one year full time or can be taken over three years part-time.

The DMT program includes examination of movement theory and analysis, theory and practice in the works of Laban, Bartenieff and Kestenberg; models of improvisation for DMT based on psychotherapeutic models and the works of DMT pioneers; psychological studies in relevant theories, models and practices for DMT for working with different client groups. Students also complete supervised practicum in disabilities and mental health.

Contact: Brenda Stevenson, Senior Lecturer, Dance Movement Therapy

Wesley Institute, Graduate School of Counselling

Tel 02/ 9819 8838 Email: [brenda.stevenson@wi.edu.au](mailto:brenda.stevenson@wi.edu.au) Website: [www.wi.edu.au](http://www.wi.edu.au)

**May 29, 2010**

**Sydney DMT Forum**, from 12:30-4:00pm at Wesley Institute. F block (instead of B). Meredith Lucy will present on Authentic Movement. Mircalla Javier will present her work with Mindfulness and Movement. There will be time for feedback and discussion as to how these aspects of DMT can be applied on a personal and professional basis. Time will also be given to networking and sharing information. **Contact: Sharon Todd-miller. Email: [sharontoddmiller@yahoo.com.au](mailto:sharontoddmiller@yahoo.com.au)**

## **August 7 to August 14, 2010 – SYDNEY**

### **Rosen Method Bodywork – Intensive Workshop**

Gloria Hesselund from the Rosen Berkeley Centre in California will be teaching. Gloria (Director of Teaching at the Berkeley Centre), travels to Australia, UK and Scandinavia each year to share this unique work. Gloria invites you to join her on a journey of self-discovery. Come and spend a week exploring and learning to trust, work and live from your inner wisdom. Discover the simplicity and power of human touch, and how becoming aware, letting go of chronic tension and speaking your truth brings new freedom and authenticity into your life. 9am to 4pm daily (rest day Wed)

The Centre, 14 Frances St, Randwick (East Sydney). Accommodation available at the venue - 02 9398 2211 to book direct  
\$1450 per person - Early Bird: \$1290 if received by 23 July 2010

Weekend only 7 & 8 August: \$440 (\$390 early bird)

\*Please note: RMAA members receive a \$50 discount off advertised prices

For further information, a registration form OR if this is your first experience of a Rosen Method Bodywork Intensive Workshop, please **contact Lee Moloney on:**

**07 5633 0061 (after hours), or email: [info@rosenmethod.com.au](mailto:info@rosenmethod.com.au).**

**More information at [www.rosenmethod.com.au](http://www.rosenmethod.com.au).**

### **Individual and group work with Cate Satyo Sullivan**

Weekend workshops for women using dance/movement, creative arts therapies, body sense and awareness skills. Counselling and therapy individual sessions.

S. Coast of NSW. Satyo, BCA, MA (Cat) PACFA Reg.

**Can be contacted on 0412 122010 or Email: [satyo@shoal.net.au](mailto:satyo@shoal.net.au)**

## **Ongoing Classes**

### **Victoria**

#### **Monday**

#### **Elizabeth Loughlin, Ongoing creative and expressive dance - 7.45 - 9 pm.**

At Lieto Creative Dance Studio, North Fitzroy 3068

Ring Elizabeth, creative dance teacher and dance movement therapist, on **94829312** or email: [loughlin@clari.net.au](mailto:loughlin@clari.net.au) See: [www.lietocreativedance.com.au](http://www.lietocreativedance.com.au)

#### **Soul Moves - with Tiana Li Donni**

Movement exploration sessions will guide the expression of inner experiences to deepen the level of awareness. Physical, mental and emotional expression will be encouraged through creative movement, intuitive drawing and dialogue. Mondays evenings, Augustine Centre, Hawthorn: 7.30-9.30pm. Call: **Tiana on 9574 9016**

#### **Tuesday**

#### **Multicultural Fan dance with Marina Bistrin - Self-expression, imagination, creativity.**

Dance with colourful fans and silk scarves to world music for enjoyable gentle exercise. Moves from the Silk-Road and Flamenco as well as others will be used. Great for those who need regular gentle upper body exercise.

At Livingstone Community Centre, 1 Livingstone Street, Ivanhoe

Bookings essential: **Contact Marina Bistrin on 0438 580 889 [marinabistrin@optusnet.com.au](mailto:marinabistrin@optusnet.com.au) or see [www.dance-explorer.com](http://www.dance-explorer.com)**

#### **Embodied Bellydance Classes**

This is a unique approach to teaching and learning this wonderfully feminine and enchanting dance form. It incorporates anatomy, body awareness, creative visualisation and somatisation. Working with the breath facilitates a deeper connection to the inner and outer movement of the body to promotes self esteem and celebrate womanhood.

Inner Movement Centre, 32 Lower Heidelberg Rd, Ivanhoe, Vic

**Contact: Maria 0419 523 710 or go to <http://www.dancingisis.com/embodied-bellydance/>**

#### **Maria's School of Raqs Sharqi**

Inner Movement Centre, 32 Lower Heidelberg Rd Ivanhoe Classes for Adults

Tuesday Morning - 10 - 11.30 am - Dance with your inner child.

Embodied Bellydance - Recreational Egyptian Dance

Tuesday afternoon 12 - 1.30. Tuesday Evening - Level 1, 6.30 to 8 pm, Level 2, 8 to 9.30pm Egyptian Belly dance promotes, strength, vitality, sensuality and grace. Soft slow feminine movements are contrasted with sharp masculine movements.

**Contact Maria on 0419 523 710 for more details or go to <http://www.dancingisis.com>**

#### **Thursday**

### Soul Moves: at Dancehouse

In Soul Moves the mediums of creative movement, intuitive drawing and writing assist and to shape physical, mental and emotional expression. The sessions are structured around an initial Movement Ritual, that is a personal warm up, taught by Anna Halprin and unique to this work; a guided personal exploration time, and a group check-out and closure. Individual sessions for personal explorations using dance therapy, available by appointment.

**Contact Tiana for dates. Email: [tianamoves@hotmail.com](mailto:tianamoves@hotmail.com) Mobile: 0421 045 438**

### Gentle Egyptian Bellydance classes with Marina Bistrin

Macleod. Classes aimed at older women, but anyone can benefit.

7.30 to 8.30pm. Contact Marina 0438 580 889, 03 9444 8212,

**See [www.dance-explorer.com](http://www.dance-explorer.com) or email: [marinabistrin@optusnet.com.au](mailto:marinabistrin@optusnet.com.au)**

### Traditional Egyptian Dance - Embodied Bellydance

Thursday Evening - Level 1 (Raqs Sharqi) - 6.30 - 8.0 pm and 8 pm - 9.30 pm. This promotes, strength, vitality, sensuality and grace - Learn the sophisticated, elegant strong moves that interpret the traditional music of Egypt..

**Contact Maria 0419 523 710 for more details or go to <http://www.dancingisis.com>**

## Friday

### Sensing Feeling Dancing the Chakras -7.30 - 10 pm

With Maria Sangiorgi, work with guided meditation, imagery and music to align the Chakras and to draw out the personal inner dance. This is explored using somatization, movement, dance, sounding, drawing, writing and Authentic Movement as vehicles of exploration.

Inner Movement Centre, 32 Lower Heidelberg Rd, Ivahnoe

**Contact Maria for information on 0419 523 710 or go to: [www.dancingisis.com](http://www.dancingisis.com)**

## Saturday

### Body Voice Centre

'Meeting the breath': half-day workshops

Saturday 19 June 1-5pm

Half-day group workshops are on the third or fourth Saturday of each month.

Cost: \$60/\$45 artist concession.

**Bookings & further details: email [info@bodyvoice.com.au](mailto:info@bodyvoice.com.au)**

**Body Voice Centre, 50 Wolverhampton St, Footscray, Vic 3011 [www.bodyvoice.com.au](http://www.bodyvoice.com.au)**

## Sunday

### Soul Moves: at Dancehouse - 10.00 am - 12.00 pm

Dates: May 16th, June 13th, July 4th, Aug. 15th, Sept 19th, Oct 17th, Nov 21st.

**Contact Tiana Li-Donni Email: [tianamoves@hotmail.com](mailto:tianamoves@hotmail.com) mobile: 0421 045 438**

## New South Wales

### Ongoing Classes

#### Monday

#### Dance is MY Therapy - dance classes with a difference - 8:00-9:00pm Sydney

The classes explore the therapeutic benefits of dance, with a focus on creativity, expression and general health and wellbeing proving that everybody can dance!! Expect the unexpected and enjoy the benefits of dance for mind, body and spirit.

Dance Alive Studios, 107 Regent St, Chippendale (near the corner of Meagher St)

**Contact: Kirsty Fromholtz - 0402 644 510**

**[kirsty@kirstydance.com.au](mailto:kirsty@kirstydance.com.au) [www.kirstydance.com.au](http://www.kirstydance.com.au)**

#### Tuesday

#### Dance Therapy Program at Burwood Council - 6:30pm-7:30pm, Sydney

Yumi Schaefer and Kirsty Fromholz are presenting a dance therapy course for the council's community program called "Have a Go".

Woodstock Community Centre, 22 Church Street, Burwood.

**Ring the Council at 02- 9911-9911, See website: [www.burwood.nsw.gov.au](http://www.burwood.nsw.gov.au)**

#### Friday

## **“Wellness Exercise Program For Everyone” from 10 am- 11am**

Yumi Schaefer - Life Wellness Network

For more vitality, flexibility, muscle tone and strength, and relaxation join in this program of gentle fun aerobics, stretching, core-conditioning and relaxation.

At Guide Hall 159 Waldron Rd, Chester Hill. Offered by Chester Hill Neighbourhood Centre Booking: **Amy 9645-3700 or contact Yumi - Wellness Lifestyle Coaching, Pilates, Dance Therapy See: [www.wellnessnetwork.com.au](http://www.wellnessnetwork.com.au) or phone: 0425-256-735**  
**Also see on line order available for the Wellness "RENEW ME" Lifestyle Book and "Pilates For All" DVD**

## **Saturday**

**Accessible Dance - 10:00-11:00am** - A dance class for dancers with a disability

For people with a disability over the age of 16, with emphasis on ability, creative expression and having fun dancing and moving. Carers welcome to join in.

Accessible Arts training room - Wharf 4, Hickson Rd, halfway up the pier on left.

**For more information contact: Kirsty Fromholtz - 0402 644 510**

**[kirsty@kirstydance.com.au](mailto:kirsty@kirstydance.com.au) [www.kirstydance.com.au](http://www.kirstydance.com.au)**

Dance-Movement Therapy Association of Australia -- Tel. 03 9592 4017

-- [dtaa@alphalink.com.au](mailto:dtaa@alphalink.com.au) -- [info@dtaa.org.au](mailto:info@dtaa.org.au) -- [www.dtaa.org.au](http://www.dtaa.org.au) --