



'Weaving the Threads'
Third Australian Dance-Movement Therapy Conference, Melbourne, November 2007

The Dance/Movement Therapy Association of Australia
presents

a unique opportunity to work with

Sharon Chaiklin

Post Conference Workshops - November 12-14, 2007

9.45 – 5.00 pm

At the Historic Abbotsford Convent

1 St Heliers Street, Abbotsford Victoria, Melways Ref: 44 G5

Dance/Movement Therapy Process: Integrating All the Elements



Sharon, ADTR, DMT therapy pioneer, founding member of the American Dance Therapy Association, president of Marian Chace Foundation, studied with Chace in 1964 at St. Elizabeth's Hospital, Washington. Her article, 'Dance Therapy', in a 1975 edition of the American Handbook of Psychiatry, Vol. 5 was one of the first to outline a theoretical foundation for the profession. Her experiences as a DMT includes working at Gundry Hospital, private practice, teaching/supervision at the DMT Program at Goucher College, USA. Sharon's warmth, vitality, and dedication in the field have made her a key figure in the dance-movement therapy profession.

This three day workshop will incorporate movement experiences, lecture and discussion to enable participants to learn more about the therapeutic process and its implications for the practice of DMT. Although everything is integrated, for learning there will be a focus on different parts of the dance/movement therapy process - including the **Body and Its Messages** - Body image, use of breath, tension, flow of, or blocked energy, posture, gestures, use of touch and awareness of cultural differences; **Observation and interaction of different movement styles; Role and Skills of a Dance/Movement Therapist** - Kinesthetic empathy, adaptation, structure, use of self; **Symbolic Movement** - Emotion connected to action, the unsaid and unspeakable, sharing. Working with the severely disturbed and **Group Process** - Development and difficult decisions. Integration of speech and movement. Rhythmic action and synchrony.
